Ultra-low threshold deep-ultraviolet generation in hollow-core fiber

MOHAMMED SABBAH^{1,*}, KERRIANNE HARRINGTON², LEAH R. MURPHY¹, CHRISTIAN BRAHMS¹, STEPHANOS YEROLATSITIS², JAMES M. STONE², TIM A. BIRKS², AND JOHN C. TRAVERS¹

22

23

24

25

26

27

28

29

30

32

34

35

36

37

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

60

61

62

63

¹School of Engineering and Physical Sciences, Heriot-Watt University, Edinburgh, United Kingdom

² Centre for Photonics and Photonic Materials, Department of Physics, University of Bath, Claverton Down, Bath, BA2 7AY, United Kingdom *m.sabbah@hw.ac.uk

Compiled April 8, 2024

Tunable ultrashort pulses in the ultraviolet spectral region are in great demand for a wide range of applications, including spectroscopy and pump-probe experiments. While laser sources capable of producing such pulses exist, they are typically very complex. Notably, resonant dispersivewave (RDW) emission has emerged as a simple technique for generating such pulses. However, the required pulse energy used to drive the RDW emission, so far, is mostly at the microjoule level, requiring complicated and expensive pump sources. Here, we present our work in lowering the pump energy threshold for generating tuneable deep-ultraviolet pulses to the level of tens of nanojoules. We fabricated a record small-core anti-resonant fiber with a hollow corediameter of just 6 µm. When filled with argon, the small mode area enables higher-order soliton propagation and deep-ultraviolet (220 nm to 270 nm) RDW emission from 36 fs pump pulses at 515 nm with the lowest pump energy reported to date. This approach will allow the use of lowcost and compact laser oscillators to drive nonlinear optics in gas-filled fibers for the first time.

2 http://dx.doi.org/10.1364/ao.XX.XXXXXX

3

Resonant dispersive-wave (RDW) emission from solitons in gas-filled 4 hollow core fibers is an established technique for generating tunable 6 pulses from the vacuum ultraviolet to the near-infrared (110 to 740) nm) [1–4] with few femtosecond pulse duration [5–7]. During soliton self-compression of the pump pulse along the fiber, its spectrum broad-8 ens until it overlaps with a phase-matched wavelength in the normal 9 dispersion region [8, 9], allowing an efficient transfer of energy to a 10 linearly propagating RDW. In hollow-core fibers, the phase-matched 11 RDW wavelength can be tuned simply by changing the pressure of the 12 13 filling gas.

Ultraviolet RDW emission has already been applied to ultrafast 14 spectroscopy experiments [10-12] but has not yet been transferred to 15 applications outside of advanced laser laboratories due to its depen-16 dence, so far, on high-energy ultrafast laser systems. This arises from 17 the use of gas-filled hollow fibers with a core-diameter ranging from 18 \sim 25 µm up to \sim 450 µm [1, 13]. Even the lower end of this range usu-19 ally requires the pump energy to be at the µJ level, requiring amplified 20 laser systems. Recently, the use of a much smaller core size enabled 21

the use of less than 150 nJ pump energy from a chirped-pulse amplification Ti:sapphire laser system to achieve ultraviolet RDW emission [14]. While energy up-scaling of ultraviolet RDW emission in hollow capillaries is well understood [3], the fundamental limits of energy down-scaling of this process in antiresonant fibers have not yet been established.

In this work, we experimentally demonstrate the generation of deep ultraviolet RDWs using an argon-filled antiresonant hollow core fiber with a core diameter of just $6 \mu m$ pumped with tens of nanojoules of pulse energy. This is nearly an order-of-magnitude lower energy than previous work and paves the way for driving deep ultraviolet pulse generation with low-cost and compact laser oscillators, opening up new application areas. In addition, we show that the dynamics can be scaled up in power by tuning the repetition rate.

It is well established that when down-scaling energy for nonlinear optics, the geometry must be down-scaled to maintain the peak intensity [15]. We must therefore use smaller-core hollow fibres to lower the energy threshold of RDW emission. In that case, pumping at shorter wavelengths is also an advantage due to much lower propagation losses [16, 17]. Furthermore, we have noticed that pumping with a shorter wavelength, closer to the deep ultraviolet region we wish to target, reduces undesired ionization [18, 19], as it reduces the required broadening and hence the required pump intensity. Therefore, in this paper, we first explore this observation in more detail through numerical simulations, considering the fundamental (1030 nm) and the second-harmonic (515 nm) of our pump laser. The model we use is based on the unidirectional pulse propagation equation [20]. It includes the full dispersion, Kerr effect, photoionization, and plasma dynamics. The code used in this work is available at [21].

To facilitate a fair comparison between pump wavelengths, we aim to generate a similar RDW energy and wavelength (240 nm), pumped with the same pump pulse duration (35 fs full-width half-maximum). We adjust the gas filling pressure in all cases to obtain similar phasematching for all pump wavelengths, core sizes, and the pump energy to obtain similar deep ultraviolet energy. For the $6 \mu m$ core-diameter case, the core is filled with argon at 188 bar for the fundamental pump and 44 bar for the second-harmonic.

Fig. 1(a) shows the simulated deep ultraviolet RDW spectrum generated by the two different pump wavelengths. The required input pulse energy is 24 nJ for the 515 nm pump and more than double at 56 nJ for the 1030 nm pump. In both cases, the energy in the deep ultraviolet region is 2.38 nJ. Fig. 1(b) shows the intensity profile corresponding to



Fig. 1. Simulation results for generating deep ultraviolet RDWs when pumping at 1030 nm or 515 nm. The input pulse duration used for both simulations is 35 fs and the fiber diameter is $6 \mu m$ filled with argon at 188 bar for the 1030 nm pump case, and 44 bar for the 515 nm pump case (tuned to obtain RDW phase-matching at around 240 nm). (a) Deep ultraviolet spectrum and (b) intensity profile at the maximum ionization percentage. (c) The change in generated ultraviolet RDW energy as the input energy is changed for both pump wavelengths in a $6 \mu m$ core-diameter fiber with pressure tuned to obtain RDW phase-matching at around 240 nm. The line coloring indicates the change in the maximum ionisation fraction for each input energy. Note that we are presenting the ionisation fraction as a percentage of the total gas density for each case separately. (d) Same as (c) but for a 30 µm core-diameter fiber.

the highest ionisation fraction for both scenarios. The intensity for the 64 1030 nm case is more than twice that of the 515 nm case. Consequently, 65 the ionization fraction for the 515 nm pump is 0.0045%, while for the 66 1030 nm pump, it is significantly higher at 0.227%, despite the fact that 67 shorter wavelengths tend to ionize more strongly (note that we make 68 use of the ionisation model due to Permolov et al. [22]). Consequently, 69 the absolute density is much higher for the 1030 nm case as the pressure 70 is 4 times higher than the 515 nm case. The high ionization fraction 71 observed in the 1030 nm case can cause an inter-pulse effect at high 72 73 repetition rates, as discussed in previous studies [19, 23, 24].

Fig. 1(c) illustrates how the output ultraviolet RDW energy varies 74 with the input energy for either pump wavelength, using the above 75 parameters. The coloring of the lines indicates the maximum ionisation 76 77 fraction. Notably, the same ultraviolet energy can be achieved when pumping at 515 nm with less than half the energy required for the 78 1030 nm pump. Furthermore, the ionisation fraction is more than one 79 order of magnitude lower for the same ultraviolet energy in the 515 nm 80 case. The above discussion also holds for a larger core-diameter, as 81 can be seen in Fig. 1(d). For a large core diameter, a lighter noble gas 82 at higher pressure can be used to reduce the effect of ionization. This 83 becomes impractical for smaller core diameters. For example, when 84 pumping a 30 µm core-diameter fiber at 1030 nm, to obtain phase-85 matching to a RDW centered at 240 nm, the 8.6 bar of argon can be 86 replaced by 185 bar of helium. However, when pumping a 6 µm core-87 diameter fiber at 1030 nm, the the required 188 bar of argon would 88 89 need to be replaced with an unfeasibly high helium pressure in order



Fig. 2. Experimental setup. DM: dichroic mirror, $\lambda/2$: halfwaveplate, OAP: off-axis parabolic mirror. (i) Scanning electron micrograph of the 6 µm fiber. (ii) Optical micrograph of the fiber output face, showing the output beam's near field (the weak spot below the fiber core is a reflection from the microscope lens).

to phase-match the same 240 nm RDW.

90

91

92

93

94

95

96

97

98

99

100

101

102

103

104

105

106

107

108

An additional requirement for efficient deep ultraviolet RDW generation is that the pulse duration needs to be a few tens of femtoseconds or less [25]. Therefore, when starting from ytterbium-based laser systems a pre-compression stage is usually required [26].

Based on these considerations, we chose to pump the small-core antiresonant fibre with compressed pulses at 515 nm, the frequencydoubled output of our 220 fs [full width at half-maximum (FWHM)] ytterbium laser system operating at 1030 nm. The experimental setup is shown in Fig. 2. To compress the frequency-doubled pulses we used a soliton self-compression stage using an additional nodeless single-ring antiresonant fiber with a core-diameter of 15.5 µm and a length of 4 m. The fiber is coiled in a 30 cm diameter circle and is filled with helium in a negative gradient configuration with the input at 12 bar and the output in vacuum. We found that the polarization state was preserved at the output of the fiber. We characterized the output pulses from the compressor stage using an all-reflective second-harmonic generation (SHG) frequency-resolved optical gating (FROG) setup. The nonlinear medium used is a 10 µm thick beta barium borate crystal cut for type-I



Fig. 3. (a) Measured and (b) retrieved SHG FROG traces on a logarithmic color scale when driving the compression stage with $1 \mu J$. (c) Measured and retrieved spectrum. (d) Temporal profile of the retrieved pulse.



Fig. 4. (a) Experimental spectrum at different repetition rates obtained using ~ 20 nJ transmitted energy and 48 bar Ar-filled 6 μ m core-diameter fiber. (b) Experimental spectrum of the RDW obtained by tuning the Ar pressure from 34 to 54 bar at 50 kHz.

phase-matching ($\theta = 50.1^{\circ}$). 109

Fig. 3(a) and (b) show the measured and retrieved FROG traces for 110 $1 \,\mu$ J input pulse energy. Fig. 3(d) shows the retrieved pulse temporal 111 profile with 33 fs FWHM. Due to the negative gradient configuration, 112 the pulse acquires extra anomalous dispersion (around -500 fs^2). This 113 is desired to pre-compensate for the air path and the optics in the beam 114 path to the RDW generation fiber. By numerically propagating the 115 pulse through the optics and air path, the pulse FWHM at the input of 116 the ultraviolet generation stage fiber is 36 fs. 117

Fig. 2(i) shows a cross-section of the 6 µm fiber used for RDW 118 generation. The fiber is fabricated using the usual stack-and-draw 119 technique [27] and then tapered to its final dimensions [28, 29]. The 120 wall thickness of the fiber resonators is $\sim 148\,\text{nm}.$ The fiber is $5\,\text{cm}$ 121 long and is placed inside a gas cell with optical access provided by two 122 6.3 mm thick uncoated fused silica windows. To couple into the 6 µm 123 core-diameter fiber while maintaining the pulse temporal and spatial 124 quality, a 25.4 mm aperture off-axis parabolic mirror (OAP) is used. 125 The OAP avoids the additional chromatic and geometrical dispersion 126 that would be caused by a lens. Note that geometrical dispersion cannot 127 be easily compensated for [30]. Fig. 2(ii) shows a micrograph of the 128 fiber output facet, showing the near-field of the output beam. The 129 energy coupled to the second fiber is controlled and strongly attenuated 130 by a half-wave plate and reflection from a glass wedge. 131

Fig. 4(a) shows the normalized experimental output spectra on a 132 logarithmic scale when filling the fiber with 48 bar argon and pumping 133 at different repetition rates, ranging from 50 kHz up to 500 kHz. The 134 results presented use ~ 20 nJ of transmitted pump energy (measured 135 when the fiber is at vacuum). The deep ultraviolet RDW is emitted 136 at 257 nm with a total efficiency of 1.7% of the transmitted power 137 at 50 kHz. The ultraviolet efficiency slightly drops with increasing 138 repetition rate, to around 1.2% at 500 kHz. This could be due to the 139 heating of the gas and/or the glass due to imperfect coupling at the 140 fiber input face. The power of the RDW is extracted from the spectral 141 power density measured with an integrating sphere and a fiber-coupled 142 spectrometer which has been calibrated as a system on an absolute 143 205 scale using NIST-traceable lamps. 144

Fig. 4(b) shows the normalized spectra of the generated deep ul-145 traviolet RDW as the argon pressure is tuned from 34 bar to 54 bar. 146 Over this pressure range, the central wavelength of the RDW can be 147 continuously tuned across the deep ultraviolet transmission window of 148 the fiber from below 230 nm up to 270 nm. 149

In principle, further down-scaling of the pump energy required for deep-ultraviolet RDW emission is possible by further reducing the core-size. This approach becomes increasingly challenging, due to the increased leakage losses of small core fibres (proportional to the inverse sixth power of the core radius $1/a^6$ [17, 31]), and due to the complications of coupling short (\sim 30 fs) visible pulses into the small core while avoiding chromatic and geometrical dispersion.

In conclusion, we have numerically investigated the effect of pump wavelength on ionisation fraction during deep ultraviolet RDW generation. We have shown that a pump wavelength closer to the RDW wavelength reduces the amount of ionization, making it possible to scale up the repetition rate. Moreover, deep ultraviolet RDW generation has been experimentally achieved using just tens of nanojoules of pump energy. This is the lowest energy used to generate deep ultraviolet pulses in a gas-filled hollow-core fiber to date and paves the way towards ultra-compact and low-cost deep ultraviolet sources for applications outside of advanced laser laboratories. It may also enable direct conversion of laser oscillators to the deep ultraviolet, providing a promising route to deep ultraviolet frequency combs.

This work was funded by the United Kingdom's Engineering Funding. and Physical Sciences Research Council: Grant agreement EP/T020903/1; and by the Institution of Engineering and Technology (IET) through the IET A F Harvey Engineering Research Prize. C.B. acknowledges support from the Royal Academy of Engineering through Research Fellowship No. RF/202122/21/133.

Disclosures. The authors declare no conflicts of interest.

REFERENCES

150

152

153

154

155

156

157

158

159

160

161

162

163

164

165

166

167

168

169

170

171

172

174

175

176

177

178

179

180

181

182

183

184

185

186

187

188

189

190

191

192

193

194

195

196

197

198

199

200

201

202

203

204

206

- N. Y. Joly, J. Nold, W. Chang, P. Hölzer, A. Nazarkin, G. K. L. Wong, 1. F. Biancalana, and P. S. J. Russell, Phys. Rev. Lett. 106, 203901 (2011).
- 2. A. Ermolov, K. F. Mak, M. H. Frosz, J. C. Travers, and P. S. J. Russell, Phys. Rev. A 92, 033821 (2015).
- J. C. Travers, T. F. Grigorova, C. Brahms, and F. Belli, Nat. Photonics 3 13, 547 (2019).
- C. Brahms, F. Belli, and J. C. Travers, Phys. Rev. Res. 2, 043037 4. (2020).
- A. Ermolov, H. Valtna-Lukner, J. Travers, and P. S. Russell, Opt. Lett. 5. 41, 5535 (2016).
- C. Brahms, D. R. Austin, F. Tani, A. S. Johnson, D. Garratt, J. C. Travers, 6. J. W. G. Tisch, P. S. Russell, and J. P. Marangos, Opt. Lett. 44, 731 (2019).
- 7. M. Reduzzi, M. Pini, L. Mai, F. Cappenberg, L. Colaizzi, F. Vismarra, A. Crego, M. Lucchini, C. Brahms, J. C. Travers, R. Borrego-Varillas, and M. Nisoli, Opt. Express 31, 26854 (2023).
- 8. M. Erkintalo, Y. Q. Xu, S. G. Murdoch, J. M. Dudley, and G. Genty, Phys. Rev. Lett. 109, 223904 (2012).
- 9. K. F. Mak, J. C. Travers, P. Hölzer, N. Y. Joly, and P. S. J. Russell, Opt. Express 21, 10942 (2013).
- 10. H. Bromberger, A. Ermolov, F. Belli, H. Liu, F. Calegari, M. Chávez-Cervantes, M. T. Li, C. T. Lin, A. Abdolvand, P. S. J. Russell, A. Cavalleri, J. C. Travers, and I. Gierz, Appl. Phys. Lett. 107 (2015).
- N. Kotsina, F. Belli, S.-f. Gao, Y.-y. Wang, P. Wang, J. C. Travers, and 11. D. Townsend, The journal physical chemistry letters 10, 715 (2019).
- N. Kotsina, C. Brahms, S. Jackson, J. C. Travers, and D. Townsend, 12. Chem. Sci. 13, 9586 (2022).
- 13. C. Brahms, F. Belli, and J. C. Travers, Phys. Rev. Res. 2, 043037 (2020).
- D. Xiong, J. Luo, M. R. A. Hassan, X. Wu, and W. Chang, Photon. Res. 14. 9, 590 (2021).

Letter

- C. M. Heyl, H. Coudert-Alteirac, M. Miranda, M. Louisy, K. Kovacs,
 V. Tosa, E. Balogh, K. Varjú, A. L'Huillier, A. Couairon, and C. L. Arnold,
 Optica 3, 75 (2016).
- 210
 16. E. A. J. Marcatili and R. A. Schmeltzer, The Bell Syst. Tech. J. 43, 1783
 211
 (1964).
- 212 17. E. N. Fokoua, S. A. Mousavi, G. T. Jasion, D. J. Richardson, and
 F. Poletti, Adv. Opt. Photon. 15, 1 (2023).
- 18. J. R. Koehler, F. Köttig, D. Schade, P. S. J. Russell, and F. Tani, Opt.
 Express 29, 4842 (2021).
- 216 19. M. Sabbah, F. Belli, C. Brahms, F. Yu, J. Knight, and J. C. Travers, Opt.
 217 Lett. 48, 2277 (2023).
- 218 20. M. Kolesik and J. V. Moloney, Phys. Rev. E 70, 036604 (2004).
- 219
 21. C. Brahms and J. C. Travers, "Luna.jl: A flexible nonlinear optical pulse propagator," https://github.com/LupoLab/Luna.jl (2021).
- 221 22. A. M. Perelomov, V. S. Popov, and M. V. Terent 'ev, Sov. Phys. JETP
 222 23, 1393 (1966).
- J. R. Koehler, F. Köttig, B. M. Trabold, F. Tani, and P. S. Russell, Phys.
 Rev. Appl. 10, 064020 (2018).
- 24. D. Schade, F. Köttig, J. R. Koehler, M. H. Frosz, P. S. J. Russell, and
 F. Tani, Opt. Express 29, 19147 (2021).
- J. C. Travers, W. Chang, J. Nold, N. Y. Joly, and P. S. J. Russell, J. Opt.
 Soc. Am. B 28, A11 (2011).
- 229
 26. K. F. Mak, M. Seidel, O. Pronin, M. H. Frosz, A. Abdolvand, V. Pervak,
 A. Apolonski, F. Krausz, J. C. Travers, and P. S. J. Russell, Opt. Lett.
 231
 40, 1238 (2015).
- 232 27. G. T. Jasion, J. R. Hayes, N. V. Wheeler, Y. Chen, T. D. Bradley, D. J.
 Richardson, and F. Poletti, Opt. Express 27, 20567 (2019).
- Z8. T. A. Birks, "Photonic bandgap fibres," in 2008 34th European Conference on Optical Communication, (2008), pp. 1–30.
- 296 29. R. Pennetta, M. T. Enders, M. H. Frosz, F. Tani, and P. S. Russell, APL
 Photonics 4, 056105 (2019).
- 238 30. M. Kempe and W. Rudolph, Opt. Lett. 18, 137 (1993).
- 239 31. D. Bird, Opt. Express 25, 23215 (2017).

40 FULL REFERENCES

- 2411.N. Y. Joly, J. Nold, W. Chang, P. Hölzer, A. Nazarkin, G. K. L. 310242Wong, F. Biancalana, and P. S. J. Russell, "Bright spatially coherent 311243wavelength-tunable deep-uv laser source using an ar-filled photonic 312244crystal fiber," Phys. Rev. Lett. **106**, 203901 (2011).
- A. Ermolov, K. F. Mak, M. H. Frosz, J. C. Travers, and P. S. J. Russell, "Supercontinuum generation in the vacuum ultraviolet through dispersive-wave and soliton-plasma interaction in a noble-gas-filled hollow-core photonic crystal fiber," Phys. Rev. A 92, 033821 (2015).
- J. C. Travers, T. F. Grigorova, C. Brahms, and F. Belli, "High-energy 318
 pulse self-compression and ultraviolet generation through soliton dy-319
 namics in hollow capillary fibres," Nat. Photonics 13, 547–554 (2019). 320
- C. Brahms, F. Belli, and J. C. Travers, "Infrared attosecond field transients and uv to ir few-femtosecond pulses generated by high-energy soliton self-compression," Phys. Rev. Res. 2, 043037 (2020).
- A. Ermolov, H. Valtna-Lukner, J. Travers, and P. S. Russell, "Characterization of few-fs deep-uv dispersive waves by ultra-broadband transient-grating xfrog," Opt. Lett. 41, 5535–5538 (2016).
- C. Brahms, D. R. Austin, F. Tani, A. S. Johnson, D. Garratt, J. C. 327
 Travers, J. W. G. Tisch, P. S. Russell, and J. P. Marangos, "Direct 328
 characterization of tuneable few-femtosecond dispersive-wave pulses 329
 in the deep uv," Opt. Lett. 44, 731–734 (2019). 330
- 7. M. Reduzzi, M. Pini, L. Mai, F. Cappenberg, L. Colaizzi, F. Vismarra, 262 331 A. Crego, M. Lucchini, C. Brahms, J. C. Travers, R. Borrego-Varillas, 263 332 and M. Nisoli, "Direct temporal characterization of sub-3-fs deep uv 264 333 pulses generated by resonant dispersive wave emission," Opt. Express 334 265 31, 26854–26864 (2023). 266 335
- M. Erkintalo, Y. Q. Xu, S. G. Murdoch, J. M. Dudley, and G. Genty, "Cascaded phase matching and nonlinear symmetry breaking in fiber frequency combs," Phys. Rev. Lett. **109**, 223904 (2012).
- K. F. Mak, J. C. Travers, P. Hölzer, N. Y. Joly, and P. S. J. Russell, ³³⁹
 "Tunable vacuum-uv to visible ultrafast pulse source based on gas-filled ³⁴⁰
 kagome-pcf," Opt. Express **21**, 10942–10953 (2013). 341
- H. Bromberger, A. Ermolov, F. Belli, H. Liu, F. Calegari, M. Chávez- 342
 Cervantes, M. T. Li, C. T. Lin, A. Abdolvand, P. S. J. Russell, A. Cavalleri, 343
 J. C. Travers, and I. Gierz, "Angle-resolved photoemission spectroscopy 344
 with 9-eV photon-energy pulses generated in a gas-filled hollow-core photonic crystal fiber," Appl. Phys. Lett. **107** (2015).
- N. Kotsina, F. Belli, S.-f. Gao, Y.-y. Wang, P. Wang, J. C. Travers, and
 D. Townsend, "Ultrafast molecular spectroscopy using a hollow-core
 photonic crystal fiber light source," The journal physical chemistry
 letters 10, 715–720 (2019).
- N. Kotsina, C. Brahms, S. Jackson, J. C. Travers, and D. Townsend,
 "Spectroscopic application of few-femtosecond deep-ultraviolet laser
 pulses from resonant dispersive wave emission in a hollow capillary
 fibre," Chem. Sci. 13, 9586–9594 (2022).
- C. Brahms, F. Belli, and J. C. Travers, "Infrared attosecond field transients and uv to ir few-femtosecond pulses generated by high-energy soliton self-compression," Phys. Rev. Res. 2, 043037 (2020).
- D. Xiong, J. Luo, M. R. A. Hassan, X. Wu, and W. Chang, "Low-energythreshold deep-ultraviolet generation in a small-mode-area hollow-core fiber," Photon. Res. 9, 590–595 (2021).
- C. M. Heyl, H. Coudert-Alteirac, M. Miranda, M. Louisy, K. Kovacs,
 V. Tosa, E. Balogh, K. Varjú, A. L'Huillier, A. Couairon, and C. L. Arnold,
 "Scale-invariant nonlinear optics in gases," Optica 3, 75–81 (2016).
- E. A. J. Marcatili and R. A. Schmeltzer, "Hollow metallic and dielectric waveguides for long distance optical transmission and lasers," The Bell Syst. Tech. J. 43, 1783–1809 (1964).
- E. N. Fokoua, S. A. Mousavi, G. T. Jasion, D. J. Richardson, and
 F. Poletti, "Loss in hollow-core optical fibers: mechanisms, scaling
 rules, and limits," Adv. Opt. Photon. 15, 1–85 (2023).
- J. R. Koehler, F. Köttig, D. Schade, P. S. J. Russell, and F. Tani, "Postrecombination effects in confined gases photoionized at megahertz repetition rates," Opt. Express 29, 4842–4857 (2021).
- M. Sabbah, F. Belli, C. Brahms, F. Yu, J. Knight, and J. C. Travers, "Generation and characterization of frequency tunable sub-15-fs pulses in a gas-filled hollow-core fiber pumped by a yb:kgw laser," Opt. Lett.
 48, 2277–2280 (2023).

 M. Kolesik and J. V. Moloney, "Nonlinear optical pulse propagation simulation: From maxwell's to unidirectional equations," Phys. Rev. E 70, 036604 (2004).

308

309

- 21. C. Brahms and J. C. Travers, "Luna.jl: A flexible nonlinear optical pulse propagator," https://github.com/LupoLab/Luna.jl (2021).
- A. M. Perelomov, V. S. Popov, and M. V. Terent 'ev, "Ionization of atoms in an alternating electric field," Sov. Phys. JETP 23, 1393–1409 (1966).
- J. R. Koehler, F. Köttig, B. M. Trabold, F. Tani, and P. S. Russell, "Long-lived refractive-index changes induced by femtosecond ionization in gas-filled single-ring photonic-crystal fibers," Phys. Rev. Appl. 10, 064020 (2018).
- D. Schade, F. Köttig, J. R. Koehler, M. H. Frosz, P. S. J. Russell, and F. Tani, "Scaling rules for high quality soliton self-compression in hollowcore fibers," Opt. Express 29, 19147–19158 (2021).
- J. C. Travers, W. Chang, J. Nold, N. Y. Joly, and P. S. J. Russell, "Ultrafast nonlinear optics in gas-filled hollow-core photonic crystal fibers [invited]," J. Opt. Soc. Am. B 28, A11–A26 (2011).
- K. F. Mak, M. Seidel, O. Pronin, M. H. Frosz, A. Abdolvand, V. Pervak, A. Apolonski, F. Krausz, J. C. Travers, and P. S. J. Russell, "Compressing μj-level pulses from 250  fs to sub-10  fs at 38-mhz repetition rate using two gas-filled hollow-core photonic crystal fiber stages," Opt. Lett. 40, 1238–1241 (2015).
- G. T. Jasion, J. R. Hayes, N. V. Wheeler, Y. Chen, T. D. Bradley, D. J. Richardson, and F. Poletti, "Fabrication of tubular anti-resonant hollow core fibers: modelling, draw dynamics and process optimization," Opt. Express 27, 20567–20582 (2019).
- T. A. Birks, "Photonic bandgap fibres," in 2008 34th European Conference on Optical Communication, (2008), pp. 1–30.
- R. Pennetta, M. T. Enders, M. H. Frosz, F. Tani, and P. S. Russell, "Fabrication and non-destructive characterization of tapered single-ring hollow-core photonic crystal fiber," APL Photonics 4, 056105 (2019).
- M. Kempe and W. Rudolph, "Impact of chromatic and spherical aberration on the focusing of ultrashort light pulses by lenses," Opt. Lett. 18, 137–139 (1993).
- D. Bird, "Attenuation of model hollow-core, anti-resonant fibres," Opt. Express 25, 23215–23237 (2017).